



The Headteacher's Update



Dear Parents & Carers

January has come and gone with its fair share of colds with some young people and staff needing time at home to recover. On the other hand, lots of learning and exciting developments have taken place during the Spring 1 half-term.

We are incredibly pleased to welcome new pupils to the school with our younger group growing steadily. We also had interesting events taking place such as an educational visit to Bodmin Jail as part of one on our Knowledge Schemas and a cross-curricular event where pupils learned how to make 'bath bombs' also related to one of our Knowledge Schemas.

We were also very pleased to welcome a number of parents at our Afternoon Tea with the topic of Playful Interactions led by Vikki Freeman, our Play Therapist. This was an opportunity to get ideas for spontaneous play, to have informal chats, and to enjoy a cup of tea or coffee and a slice of cake.

Looking back at the beginning of 2024, and the launch of the Online Safety Act at the end of the 2023, we are alert to the fact that young people's lives can be affected both positively and negatively by their interaction and exposure to social media platforms. We offer our pupils PSHE learning around how to use online platforms safely. We also send out information via emails and our social media platforms, which can be helpful to support parents and carers in keeping their children safe online. If you would like to talk to us about this, please, give us a ring or send an email and we will get back to you.

We are closing Spring 1, with focus on the Mental Health of our pupils through celebrating Children's Mental Health Week and our Dress to Express Day. Looking ahead, there are lots coming up in Spring 2, including Careers Week, World Book Day, Comic Relief and our School Community Day – Easter Fun.

With kind regards

Thereza de Lucca

A Message from the Chair of The Board



Hello everyone,, I hope you are all keeping well.

There are signs out there that spring is on its way – with snowdrops and even a few daffodils peeking through already!

I enjoyed my visit to the school last week and I am always inspired by hearing about the activities that the children are engaged in, whether it be the range of therapies that we provide – occupational therapy, including movement therapy; play

Therapy; and language therapy; emotional literacy and support (ELSA) or the pupil's successes in for example communicating, reading, or music (a talent of which I am in awe).

In the same way, I am motivated by you all, the staff and parents and carers of the school, the positive atmosphere that is apparent in school and how you support each other – and I thank you all for that.

Kind regards,

Julie

Dr Julie Smith—Chair of the Board

Our New Designated Safeguarding Lead (DSL)



Dan.Turner@fhhschools.com

07821679783

Dan is an experienced safeguarding lead having held this position for the last 7 years whilst being a Primary School Academy Head. He has been in the education sector for the past 14 years and started his career as a Science teacher in a secondary school, holding a number of leadership roles during this time. In 2016 he made the move from Secondary education to Primary education to take up an Academy Head role.

In 2009, Dan completed his PGCE in Secondary Science at the University College Plymouth, St Mark and St John and has continued his educational journey by recently obtaining his NPQH in December 2023.

He has a passion for safeguarding and pupil welfare and always strives to obtain the best outcomes for pupils and their families.

Fundraising

Thanks to our pupils' and staffs' hard work and your generosity we raised a total of £295 for our chosen good causes at our Christmas Fair. Thank you and well done everyone!



A Plymouth-based charity that provides free support to children, young people and their parents/carers who have or are about to experience the death of someone special.

£120



24 hours a day, 7 days a week, the RNLI is ready to save lives. Powered by courage, determination and the support of generous people like you.

£50

RNLI crews and lifeguards have saved over 144,000 lives since 1824.



Helping an estimated 157,000 cats and kittens a year through their national network which includes around 210 volunteer-run branches and 34 centers.

£25

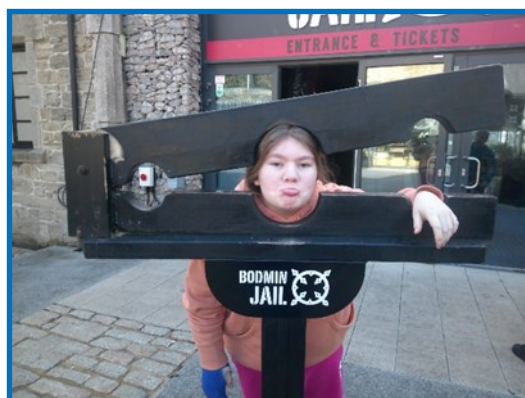
Fundraising

This term, the pupils in one early KS 3 classes have been studying 'Crime and Punishment' as a part of their Knowledge Schema.

Some pupils visited Bodmin Jail to experience aspects of the topic first hand! Even though the dark walk was a little scary, the pupils were very brave and represented the school really well.

The children loved finding out about some of the different types of punishments used throughout at that period in History. They really enjoyed the hands-on experience and loved seeing some of the artefacts contained in the museum. They even went into some of the old cells and saw what it was like to be a prisoner in the 18th Century. Lots has certainly changed since then!

It was a fantastic trip which brought the topic alive and offered exciting and new experiences for our pupils.



Class Project – My Creativity and CAREERS



The Year 8 students in the lake had experience of working with Chrissie from SOPea to design and make their own bath bombs. This was a fantastic activity, linked to this term's topic of

'Potions & Poisons'



All of the children really enjoyed learning about science, design technology, PSHE and art through the making of their bath bombs. I would like to say a huge thankyou to Chrissie who came in to help us.

PSHE

As part of this term's PSHE health and wellbeing programme, pupils will be taking part in a range of awareness events designed for pupils to make sense of national topics and issues. This will further develop the skills taught throughout our PSHE curriculum, to enable them to make informed choices.

Evidence shows PSHE education impacts in several areas, including emotional wellbeing, physical health, academic attainment, and preparation for work. We will be supporting these areas within the FHHS PSHE curriculum by taking part in national events such as Comic relief (a major UK charity, with a vision of a just world, free from poverty), National Science and engineering week (to raise awareness, spark enthusiasm and celebrate science, engineering, technology and maths with people of all ages and from all walks of life), Careers Week (a focus for careers guidance activity at an important stage in the academic calendar to help support young people develop awareness and excitement about their future pathways) and World book day (to instil a look of books and all things literacy). All events are widely celebrated within schools across the country.

At the end of Spring Term 2, children will also take part in the School Community Day: Easter Fun. This event gives our pupils the chance to get to know one another, allowing for greater understanding and respect. Furthermore, by providing a safe space for pupils to come together and enjoy activities, the pupils will foster a sense of belonging and create an environment where everyone feels accepted.



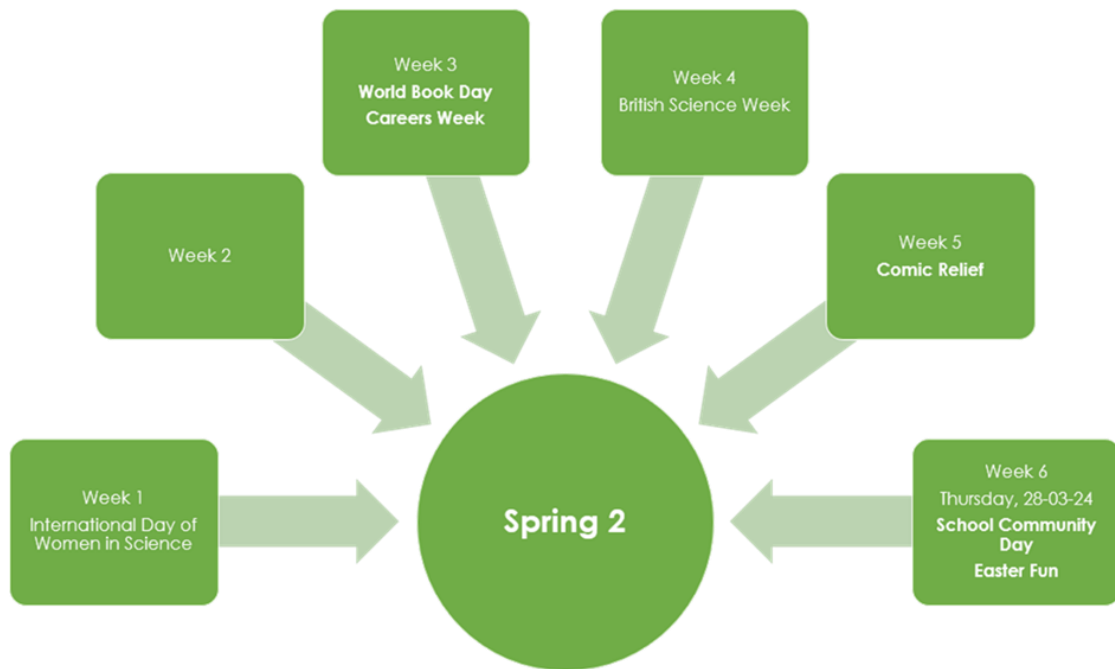
Time to Play!

Free or cheap games and activities to play with your child at home.

- Ballon- tennis, keep up, together balloons, balloon races, make balloon faces.
- Pool noodles- duck, jump, walk inside/outside, hop, slow motion.
- Bubbles- pop, pop with different parts of the body, naming categories e.g., animals, food, dinosaurs, favourite characters
- Banana phone- have conversations as favourite characters, ask each other to do funny things.
- Paper plates- decorate and make masks, fans, tambourines, add ribbons, how many can you balance on balance on body e.g., arms, head, place on floor and create a path, play memory game.
- Straws – Picking up (sucking)-sticks, cotton wool ball, stickers, (Blowing) ping pong balls, feathers.
- Follow my lead- copy other person's actions.
- Scarves/materials- play peek-a-boo, use for dancing, get creative.
- Hula Hoops – exchange by rolling to each other, use as a wheel or get inside by pretending to be on a ship, bus, car, train, rocket, use as a tv screen or puppet theatre, add scarves to create visual stimulation, invite child inside and spin,
- Soft ball/Beachball- roll/bounce to each other, name something from a category when catching, throw into bucket.
- Hands - fist pump, fist pump x2, high 5, high 5 x2, handshake, special handshake, hand stack, palm press, Rock, paper, scissors, hand clapping games.
- Making dens- use material, blankets, sheets, chairs, sofas, tables to create a cosy den together and maybe have a snack inside or share a story, listen to music, play a game, explore sensory materials.
- Cardboard boxes- the possibilities are endless!
- Breathing- for a calming activity- use bubbles, windmills, hands,
- Follow the leader- copy each other's actions, see how silly you can make them.
- Pen and paper/whiteboard- squiggle game, finish the picture.
- Obstacle course- use things mentioned above to create an obstacle course for each other to complete.



Upcoming events



Coffee Morning – on Wednesday, 28 February 2024 from 09:00 to 10:00

School Community Day – Easter Fun – on Thursday, 28 March 2024, letters of invite with specify times for different groups to follow.
