



Welcome to the 9th issue of Fountain Head House School's 'The Splash'!

Headteacher update

Dear Parents & Carers,

Following on from the December edition of this newsletter, I am very pleased to confirm that the funds raised at the Christmas Fair were as follows:

Therapy Dogs: £74.18 – this money was raised by one pupil who ran his own mini-enterprise stall at the Christmas Fair. This pupil loves animals and has benefited from the Assistance Dogs Charity himself. This is a great achievement and we feel very proud of this pupil's initiative.

Air Ambulance: £206.70 – this was inspired by the video appeal released by the Cornwall Air Ambulance just before Christmas. This money was raised through our raffle and 'guess the weight of the cake'. We would like to thank the School Board and OPUS recruitment who provided lovely raffle prizes for the Christmas Fair.

Children's Hospice SW was £263.81 – these funds were raised by the Secondary pupils who made lovely Christmas items to sell at the fair, including Christmas decorations and Christmas cards. It is great to see our young people engaging in projects to help others in need



Earlier in the term we also raised £39.50 for Children In Need. This was part of our fun Children in Need day and the sale of cakes and biscuits made by the pupils.

On a different note, I look forward to welcoming Parents & Carers to our first Afternoon Tea event (more details below).

Lastly, I urge you to take a look at the Internet Matters information further down in this newsletter, which includes some really helpful tips about keeping your child safe online.

With kind regards,

Thereza de Lucca

Headteacher

Latest Ofsted inspection

We are very pleased to say that we met all of the independent school standards that were checked during our last inspection, and that no further action is required of the school by the department. You can view the full report by clicking on the button below.

[View Ofsted report](#)

Afternoon Tea event

As part of our aim to build a strong School Community, we are introducing this half- term our first Afternoon Tea.

The Afternoon Tea sessions are similar to our monthly Coffee mornings with the difference that we will include a short presentation on a topic of interest, and parents/carers will have the opportunity to have a conversation about it.

Our first Afternoon Tea will take place on **Wednesday, 8th February 2023 from 14:00 to 15:00**. We have invited one of our parents to share her knowledge and experience of **PACE (Playfulness Acceptance Curiosity Empathy)**.

Information about the topic:

"Often we can be frustrated by our children's actions and frequently people around us do not always understand how we live or why our children have some of their behaviours. I'm a Mum of one of FHH's students and since my family were young, I learnt how to use PACE in parenting and saw the benefits. I've been asked to share what this looks like and how it can help. This isn't a lecture on parenting at all, it's just me sharing what has worked for us!"

PACE is a way of thinking, feeling, communicating and behaving that aims to make the child feel safe. Using PACE helps adults to slow down their reactions, stay calm and tune into what the child is experiencing in the moment. It supports us to gain a better understanding of what the child is feeling. In tricky moments it allows us to stay emotionally regulated and guide the child through their heightened emotions, thoughts and behaviours. In turn, PACE helps children and young people to feel more connected to and understood by

important adults in their life and ultimately, to slow down their own responses.

We look forward to seeing you at this next event.



Online safety

Each term, we will share with you some advice to support your child in keeping themselves safe. This term's focus is about online safety with a focus on 'Parental Controls', which are an important feature as we have just had the holiday period when children may have received games consoles and spending more of their leisure time online.

Setting up devices with parental controls, in relation to the age of your child, is a useful intervention to support them with feeling safe online.

Internet Matters covers all devices with very simple, easy-to-understand parental guides which you can find at the following link:

Internet Matters

Chinese New Year celebrations

This week FHHS children have been learning about 'Chinese New Year' and looking at how this is celebrated, why it is celebrated and the importance of this celebration.

An area of the PSHE curriculum focuses on 'recognising that people have different beliefs and celebrate special times in different ways.'

Children across the school have tasted and made Chinese food, completed Chinese ink picture of a rabbit, made lanterns and looked at where China is located on our world map. Throughout the year we will continue to celebrate and find out more about different festivals celebrated across the world.



Ambitious about Autism

Below you will find the link to a collection of toolkits to help autistic young people access sustainable and meaningful employment opportunities.

These resources are relevant for autistic young people, their parents/carers, teachers, and other relevant professionals to support a young person to make informed choices about their future employment opportunities.

Toolkit



Update from the Chair

Hello everyone,

Hope you are all settling into the Spring term and keeping well and also warm in these cold winter days! I saw some

catkins at the weekend, so there are definitely signs that spring is on its way.

I personally have always found that reading a good book, both fiction and non-fiction, helps me get through the winter.

I hope that as a school community of staff, parents and carers we are encouraging all our children to find pleasure in reading about whatever they enjoy, both at school and at home, to improve their spelling and recognition of letters and sounds, because, whatever they choose to do later in life, reading is a lifelong habit that I am pretty sure will be useful to them.

Julie

Dr Julie Smith

Chair of the Board

Extra May bank holiday

Due to the King's Coronation which will take place on Saturday 6th May 2023, the following Monday (8th May) has been added as an extra bank holiday. We have updated our term dates calendar accordingly and uploaded it to the website. Please click on the button below to view.

We will send out reminders in due course.

[Amended 22/23 term dates](#)

Introducing Evisense

We are very pleased to be launching Evisense in our school. Created by [B Squared](#), it's a really effective communication tool that allows teaching staff to be able to share with parents and carers a child's learning journey.

All of our Parents & Carers should have received an email from Evisense in the last couple of weeks, inviting you to link with Fountain Head House.

If you download the Evisense app for your device and link it to the account you have been sent, you will be able to access Evisense and see regular updates concerning how your child is getting on at school, and what work they are doing.

If anyone is having any issues getting set up, please let us know.



Climbing wall

If you are scared of heights, probably best to look away now!

These pupils definitely aren't.....so nice to see them showing their skills and feeling so confident on the wall.

Being successful on the wall is all about planning ahead and puzzle-solving. As well as keeping you focused and helping to clear your mind, it also works multiple muscle groups in your lower and upper body.

Great work!



Where else can you find information, help and support?

Parenting and family support - Family Lives:
www.familylives.org.uk

Anna Freud National Centre for Children and Families:
www.annafreud.org

Young Minds: www.youngminds.org.uk

SEND IASS Cornwall: www.cornwallsendiass.org.uk/

Plymouth PIAS: www.plymouthias.org.uk/



Fountain Head House School
Church Rd
Saltash
Cornwall
PL12 4AE
01752 853891

www.fhhschool.co.uk

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