



Simul autem et crescere luceat
Together we grow and shine

Fountain Head House School

Online Safety Information
for Parents & Carers

PARENTAL CONTROLS

Setting up devices with parental controls, in relation to the age of your child, is a useful intervention to support them with feeling safe online.

Internet Matters covers all devices with very simple, easy-to-understand parental guides which you can find at the following this link:

<https://www.internetmatters.org/parental-controls/>

One of the most popular games consoles continues to be a Playstation. Sony Playstation and Internet Matters have joined together to create an interactive quiz for children and parents to learn together how to make the most of Playstation settings for safer gaming. This is a great idea to get those conversations going and for you to learn more about the games which your children may play. The quiz can be accessed via this link:

<https://www.internetmatters.org/press-start-for-playstation-safety>

TAMING GAMING

Game Finder is a new (free) service available from Taming Gaming which reflects on various aspects, such as 'How old is your child?' and 'What devices do they have?' and then provides a recommended list of suitable games. It is very helpful!

<https://www.taminggaming.com/gameFinder>

The following website:

<https://www.thinkuknow.org.au/resources-tab/parents-and-carers>

has some excellent resources to support with reinforcing online safety, including videos, fact sheets and e-books based on a range of issues like personal information and ensuring that you fully know and trust the person that you are interacting with.

In addition, we have attached some useful up to date guides about advice around AI (Artificial Intelligence) and on a more positive note, looking at how gaming can support more positive outcomes in your child.

<https://nationalonlinesafety.com/guides/artificial-intelligence-solutions>

<https://nationalonlinesafety.com/guides/gaming-can-support-positive-outcomes>

POSITIVE GAMING

As much as there's a lot of discussion and talk about the negatives of gaming, playing games can be hugely beneficial in areas such as teamwork, problem solving, critical thinking and reading. This is particularly beneficial for those children who are reluctant to read.

Andy Robertson has put together a great selection of games which you can view here:

<https://www.askaboutgames.com/news/great-video-games-that-get-children-excited-about-reading>

Vodafone have created an excellent free resource for parents/carers including information, YouTube videos and an interactive resource providing information about parental controls and safety settings.

The link to these resources is here:

<https://www.vodafone.co.uk/newscentre/smart-living/digital-parenting/digital-parenting-pro/>

Whether you'd like to manage screen time limits, filter out harmful content or simply understand what the latest app or game is all about, our online safety experts have gathered all the facts for you.



XBOX GAMING SAFETY TOOLKIT

Many children will be using Xbox games consoles at home. Microsoft have put together a helpful and comprehensive toolkit for parents, children and young people, which includes parental controls, guidance for all ages, common safety risks, bullying, unwanted contact and more. There is also age-specific guidance (from 5 years upwards) and case studies.

Please click the link that will take you to the PDF document:

https://assets.xboxservices.com/assets/b1/00/b100259a-3152-4f0a-a194-5eb1e42db368.pdf?n=Australia_Xbox-Gaming-Safety-Toolkit-v2.pdf

The online world and digital technology have become a significant part of our lives. Many experiences that young people have on the internet are hugely positive and uplifting but sadly, that's not always the case. Negative incidents online – such as disagreements with other users, stumbling across upsetting content or feeling left out by friends – can be intensely damaging to a child's emotional state. This poster has some useful tips for young people and trusted adults on how small, simple actions can help to protect our wellbeing when we're on the internet.

