

Welcome to the 5th issue of Fountain Head House School's 'The Splash'!

Sports Day update

Our Sports Day on 22nd July was the perfect way to end a successful summer term at Fountain Head House School.

It was lovely to see the event so well-attended with parents and carers alike, who were able to relax in the sunshine and watch the children enjoy the day.

The children were split into groups, with a variety of events taking place throughout the day, including sprints, hurdles, relay, javelin, shot put and archery. The children even got involved with setting up the event, laying the running lines in their PE lessons!

As well as a marquee for food and drink to keep everyone refreshed throughout the day, the children enjoyed an awards ceremony where everyone received a medal.



We even had some happy tears from parents who were just overcome with emotion after watching their children take part.

Thank you to all the staff who worked so hard to ensure that the children had such such an enjoyable, rewarding day!.

If you haven't already seen the photos, take a look at our Facebook page by clicking the link below.

See more photos of Sports Day

Welcome to our new Therapy Team!



We are very pleased to welcome our new therapists to the Fountain Head House School team.

Vikki Moore (left) joins us as a Play Therapist, Connie Matus (middle) as an Occupational Therapist and Jules Mitchell (right) as a Therapy Assistant.

Together they will be working closely with pupils to help improve their emotional wellbeing, mental health and to realise their full potential.

Her Majesty Queen Elizabeth II

We were very saddened to learn of the passing of Her Majesty Queen Elizabeth II, and joined the nation in paying our respects and celebrating the life of Her Majesty Queen Elizabeth II.

Our pupils have been exploring this profound event in sensitive and appropriate ways such as learning



about the timeline spanning the decades of Her Majesty's reign, and learning about the Commonwealth.

Duke of Edinburgh's award



We are very excited to be in the process of setting up the Duke of Edinburgh's award here at Fountain Head House School, and hope to be able to offer it to pupils in years 8, 9 and 10 shortly.

The DofE aims to empower young people; to support them as they learn new skills, overcome obstacles, and build confidence and resilience.

Whilst we are finalising the details, you can read more about the DofE award <u>here</u>.

Swimming lessons

We are delighted to announce that this term we will start Swimming Lessons for our KS2 pupils as part of the Physical Educational Curriculum. On top of this, our Early Years, KS1, KS3, KS4 pupils will also have the opportunity throughout the year to attend swimming experiences.

As well as fulfilling the national curriculum requirements for KS2, we hope that by providing swimming lessons to all of our pupils we may boost their activity levels, develop their self-confidence, build self-esteem, and finally teach them an essential lifesaving skill. Our swimming activities will take place at Saltash Leisure Centre and will be delivered by a qualified instructor who has a vast amount of experience in their field.

Our pupils will be joined in the pool by Fountain Head House School staff who will continue to provide outstanding support and direction. As part of our healthy living initiative we are walking the very short distance between the school and the leisure centre. We very much look forward to starting our swimming activities with Fountain Head House pupils and can't wait to share our stories and experiences with yourselves.

Parental feedback

Your feedback is a really important to us, to help us to provide the best possible education for your child. Later on in the Autumn term (and then once per term after that), you will be sent an online survey to complete anonymously, so you can let us know what you think we are doing well, and also any areas that you think we need to improve.

Please remember that you can talk to us anytime, and we are always available to discuss your child's educational provision.



Our coffee mornings are back!

Parenting is the most rewarding job in the world, but it can also be one of the most challenging.

At Fountain Head House School we believe in working with you as your children's first educators to help your children be the best they can be. We also recognise that sometimes you may want or need some support. We will be holding monthly coffee mornings where you can come along and have a cup of tea or coffee and a biscuit and a chat with other parents in an informal, non-judgemental setting. We would love to see you there.

Our coffee mornings will be held on the last Wednesday of every month **9.00am -11.00am.** The next dates for your diaries are:

- Wednesday 19th October
- Wednesday 30th November
- Wednesday 14th December

We are also looking forward to hosting some 'afternoon tea' events, where parents and carers with particular areas of expertise will be able give an informal talk and share ideas and tips. More details to follow!

Below you will see our plans to engage with parents and carers during the 2022-23 academic year. Please click the diagrams below to view and download this document in full from our website.





22/23 term dates

Our 22/23 term dates have now been added, so you can view our term dates by clicking on the button below.

Term dates

Where else can you find information, help and support?

Parenting and family support - Family Lives: www.familylives.org.uk

Anna Freud National Centre for Children and Families: www.annafreud.org

Young Minds: www.youngminds.org.uk



Fountain Head House School Church Rd Saltash Cornwall PL12 4AE 01752 853891

www.fhhschool.co.uk

You are receiving this email as a subscriber of www.fhhschool.co.uk. If you no longer wish to receive these emails, please unsubscribe using the link below.

Preferences | Unsubscribe