



Welcome to the 7th issue of Fountain Head House School's 'The Splash'!

## Headteacher update

Dear Parents & Carers,

As we get closer to Christmas and find ourselves in the midst of a cost of living crisis, as a school we are increasingly aware that this is an incredibly tough time for some of our parents and carers financially. One of our teachers is involved with a local foodbank who offer food vouchers.

Requests for foodbank vouchers can be made via your child's teacher, and will be dealt with in a timely, private manner, so please do not feel embarrassed about coming forward and. We will be happy to help you in any way we can.

It has been a very busy month, full of celebrations, commemorations and fundraising efforts.

Just a reminder from me of our **Christmas Fun Day on Friday 9th December**, where parents/carers will have the opportunity to meet with



teachers and therapists to celebrate their children's learning and progress, plus enjoy our Christmas Fair and Grotto.

Lastly, our last day of term before the Christmas break is Friday 16th December.

In the meantime, if there is anything you would like to discuss with me, please don't hesitate to get in touch on 01752 853891.

With kind regards,

Thereza de Lucca

Headteacher

## Remembrance Day

The children created these beautiful poppies to mark Remembrance Day, to honour those in the armed forces who have died in service.



## Swimming lessons

Dear Parents/Carers,

Firstly, thank you to all of our pupils who have attended our swimming classes at Saltash Leisure Centre since the start of this new academic year. Since returning in September, our KS2 pupils have been attending regular swimming classes as part of their physical education development. In addition, our Early Years, KS1, KS3 and KS4 pupils have attended bespoke Swimming Experiences built upon teaching them essential lifesaving skills. As well as fulfilling the National Curriculum requirements, we have witnessed Fountain Head House School pupils achieve a number of sporting and personal achievements, including some of our pupils swimming independently for the very first time. Following our return to school after the autumn break I sat down with some of our pupils and reflected on their experiences so far:

*"I was able to swim the length of the pool (25m) by myself"* (Pupil from Year 5);

*"I learnt how to be safe around the pool"* (Pupil from Year 5);

*"I loved swimming through the hoops under the water and jumping in from the side of the pool"* (Pupil from Year 6);

*"I can now kick with my legs straight"* (Pupil from Year 3).

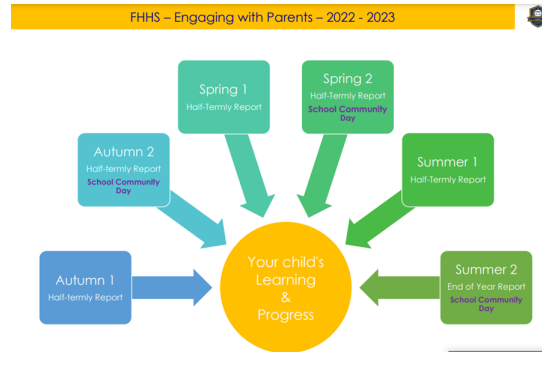
We are extremely proud of all of our pupils achievements. Their commitment and enthusiasm is having a clear positive effect. Staff have noted seeing developed self-confidence and an improved self-esteem in a number of our pupils. Swimming classes will recommence in January 2023. We can't wait to continue sharing our stories and experiences with yourselves.

Kind Regards,

Kieran Wash (Lead Sports Instructor)



## Parent Engagement dates



## Supporting traumatised children through the Christmas storm

With Christmas fast approaching, Beacon House, who specialise in working with people who have suffered trauma and loss, have produced an excellent resource with around supporting traumatised children through the Christmas period. With past experiences, expectations plus internal and external pressures, we hope that these top tips will help you relax and enjoy the festive period.

[Find out more](#)

## A new addition to our Therapy Team

Please join us in welcoming Ryan Barnes to the Fountain Head House Team. Ryan is our new Positive Behaviour Support Lead and has recently started working across the school as part of our Therapy Team. His role will be to build relationships and to help our pupils understand themselves better.

We are also pleased to confirm that in addition to the well-established individual ELSA sessions, individual Play Therapy sessions and individual Occupational Therapy sessions have now started to be rolled out. There are also Occupational Therapy classroom-based support to groups of pupils.



## Remember, remember the 5th of November!

The Early Years staff created these firework-themed sensory tuff trays, whilst learning about the reasons why we celebrate on 5th November, and how to keep safe on Bonfire Night.



## Children in Need

To raise money for Children In Need, we came to school in fancy dress and spots, made a selection of sweets and spotty treats during life skill sessions that could be purchased during break and lunchtimes, enjoyed painting each other's faces and also took part in the live Moodboosters event.

Thank you to everyone for your support!



## 5\* hygiene rating in school kitchen

We'd like to say a big thank you and well done to Leanne and Sarah that work in the school kitchen

preparing our delicious lunches, who have just secured a 5\* hygiene rating for the school.

Well done! What a great result.



## World Cup screening

Pupils enjoyed watching the England vs Iran FIFA World Cup game live in the Sports Hall on 21st November, thanks to Kieran Wash our Lead Sports Instructor, who arranged the screening.

Pupils were encouraged to support both teams, celebrate sportsmanship, team values, and embrace healthy competition.



# FIFA WORLD CUP Qatar 2022



## 22/23 term dates

Our 22/23 term dates have now been added, so you can view our term dates by clicking on the button below.

[Term dates](#)

## We're on Instagram!

Did you know that you can now follow us on Instagram?

To help us share all of the positive things that are happening in our school, we'd be very grateful if you could hop on over to Instagram and give us a follow.

Simply click on the Instagram logo below!



## Where else can you find information, help and support?

Parenting and family support - Family Lives:  
[www.familylives.org.uk](http://www.familylives.org.uk)

Anna Freud National Centre for Children and Families:  
[www.annafreud.org](http://www.annafreud.org)

Young Minds: [www.youngminds.org.uk](http://www.youngminds.org.uk)

SEND IASS Cornwall: [www.cornwallsendiass.org.uk/](http://www.cornwallsendiass.org.uk/)

Plymouth PIAS: [www.plymouthias.org.uk/](http://www.plymouthias.org.uk/)



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